



Orofacial Myology Overview:

Exploring Inter-Connections of Imprecise Articulation, Mouth Breathing, Tongue-Tie, Tongue Thrust, Open Bites, Appearance, Lingual Function, Chewing, Swallowing, and More.

Friday, April 25, 2008

WILLIAMS CENTER

SPEAKER:

Sandra R. Holtzman,

M.S., CCC/SLP, COM



Sponsored by the Department of Speech Pathology and Audiology and the Student Association at SUNY Fredonia



COURSE DESCRIPTION:

This workshop provides an overview of many areas that affect the progress and habituation of clients seen on a daily basis. Some clients remain in therapy month after month, progressing far too slowly or reaching a plateau long before attaining their goals. Weak lip closure, thumb sucking habits, mouth breathing, poor suctioning skills, difficulty forming an acceptable bolus, enlarged tonsils and adenoids, tongue-tie (ankyloglossia), and other conditions are likely to interfere with progress. These often-seen but rarely targeted areas are reviewed in this course. Workshop attendees will also have the opportunity for hands-on participation for selected portions of Holtzman's thorough oral motor examination.

PARTICIPANTS WILL BE ABLE TO:

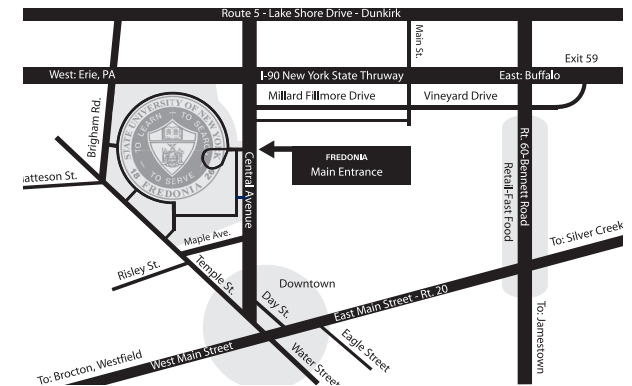
- Differentiate Basic Lingual Skills that should be acquired prior to initiating a program of articulation therapy and other types of treatment.
- Name and describe the three phases of effective treatment found in the program, *Orofacial Myology: From Basics to Habituation (the Myo Manual)*.
- Explain the importance of the Oral Prep Stage of Swallowing and be able to break it down into its various components.
- Explain and apply the exercises for treating open mouth posture, mouth breathing, lingual-mandibular differentiation, lip strength and competence, and coordination of orofacial muscle groups.
- Describe the connections upon one another of sucking habits, lisping, imprecise articulation, malocclusion, and tongue tie.

BIO: SANDRA R. HOLTZMAN, M.S., CCC/SLP, COM

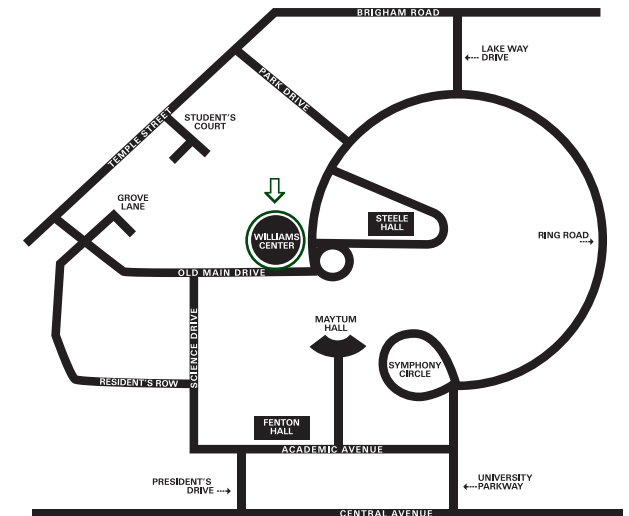
Author of *Orofacial Myology: From Basics to Habituation, "The Myo Manual,"*

Holtzman is a Certified Orofacial Myologist and has been a practicing Speech-Language Pathologist for over 30 years. She was owner-director of a large multidisciplinary therapy center for 10 years, sits on the Board of Directors and the Board of Examiners of the International Association of Orofacial Myology (IAOM), and presents workshops throughout the United States.

Holtzman presents in a very-easy-to-listen manner, peppering her workshops with videos and photos of case examples. She is also an active member of the Florida Speaker's Association.



VILLAGE MAP



CAMPUS MAP

- ENTER CAMPUS ON UNIVERSITY PARKWAY (FROM CENTRAL AVE.)
- TURN LEFT ON ACADEMIC AVENUE
- TURN RIGHT ON SCIENCE DRIVE
- TURN RIGHT ON OLD MAIN DRIVE, WILLIAMS CENTER IS ON THE LEFT.

Friday, April 25 Program Schedule:

8:00 a.m. – REGISTRATION

8:30 – 9:00 a.m.

Introduction to Orofacial Myology (oral myofunctional therapy)

Terminology, Scope; Useful, “user-friendly” measurements for EBP (Evidence-based practice), Resting Postures of the Tongue, Lips, and Mandible

- What’s “normal”??
- Why does it matter?

9:00 – 9:30 a.m.

Speech Pathology Perspectives and Considerations

- What’s our role? When should we treat?
- When should we refer...and to whom?
- Orthodontic and Other Perspectives:
A look at some frightful orthodontic appliances and e-mails from concerned family members.
- Orthodontists Need Us!

9:30 – 10:15 a.m.

Thorough Oral Examination – Our Best Friend!

- Selected Portions with Hands-on Participation
- Fun Competition

10:15 – 10:30 a.m. Break

10:30 a.m. – 12:00 p.m.

Oral Exam, continued Tongue-Tie (Ankyloglossia)

- Description, Assessment
- Decision-making Re: Need for Surgery
- Severity – Videos, Photos, Discussion

12:00 – 1:00 p.m. LUNCH

1:00 – 3:00 p.m.

Treatment

- Orofacial Myology: From Basics to Habituation
- Basic Lingual Skills: Passing Proficiency Exam #1
- Mechanics of Swallowing
- Integration into Lifestyle: Selected Exercises from Each Phase will be Demonstrated.

3:00 – 3:15 p.m. Break

3:15 – 4:00 p.m.

Thumbsucking and Other Oral Habits

- Affect on Dentition, Speech, Swallowing, and Appearance
- Unplugging the Thumb: Description of New Treatment Program

Registration:

Orofacial Myology Overview:

Friday, April 25, 2008, 8:00 a.m. – 4:00 p.m.

Name _____

Address _____

City/State/Zip _____

Daytime phone _____

Home phone _____

E-mail _____

Professional Specialization _____

Current employment _____

Pre-Registration Fee: \$125.00

Non-Fredonia Student: \$60.00

(Please send copy of current student ID)

Includes: breakfast, hot lunch and refreshments.

Deadline to Mail Register:

April 11, 2008

No in-person registration

Payment:

Complete registration form and mail with check or money order payable to:
Speech Pathology Department

Mailing Address:

Sandra Goddard
SUNY Fredonia
Speech Pathology Department
Thompson Hall
Fredonia, New York 14063

Continuing Education Credits Through ASHA: SUNY Fredonia is approved by the Continuing Education Board of the American Speech-Language and Hearing Association (ASHA) to offer continuing education activities in speech-language pathology and audiology. This program is offered to SLPs for proposed .6 CEUs. Intermediate level (2), Professional Area. ASHA approval of CE provider status does not imply endorsement of course content, specific products or clinical procedures.