



**National
Stuttering
Association**
Changing lives of people who stutter

LET'S TALK!!

THE NEWSLETTER OF THE BUFFALO CHAPTER of the NATIONAL STUTTERING ASSOCIATION January/February 2010

See What's Happening in January and February



MEETINGS

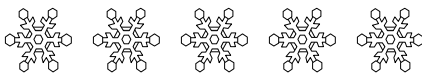
JANUARY 20th
Adrian McAdory
Health and Stuttering

FEBRUARY 3RD
Bonnie Weiss
What If???

FEBRUARY 17th
Kim Lasek
Reactions to
Speaking Situations

SOCIALS

To Be Planned.
Any Suggestions??



Hi Everyone,

Sorry to be so late in getting this newsletter out. It's been a busy few weeks for me. Now that the holidays are over, I need to get myself more organized so that things that need to be done, like this newsletter, do get done!

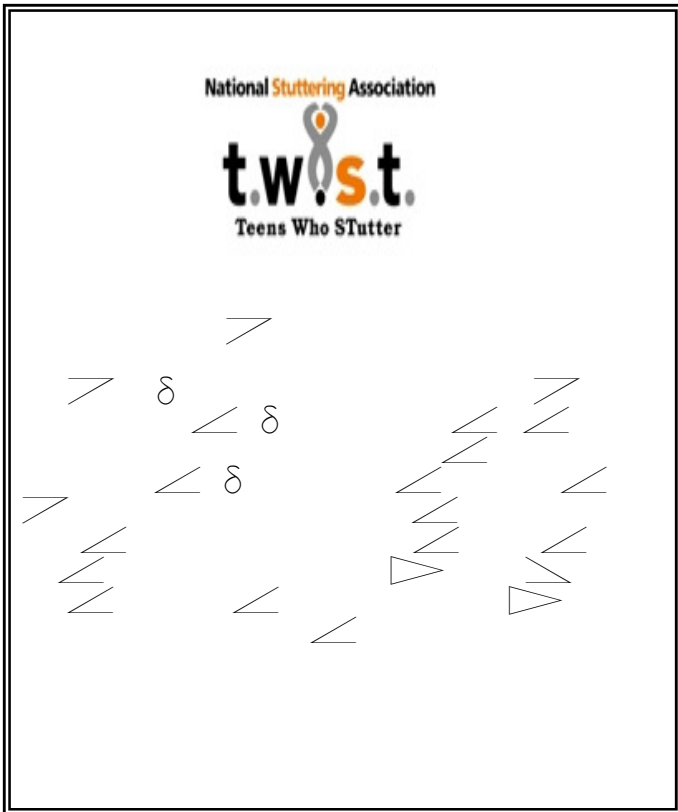
The next three meetings are planned and I hope many of you can come and add some thoughts about each of the topics. Also, we need to have some ideas for socials during the next couple of months. Please let us know what you want to do and where you want to go!! Suggestions from our "newest" members would help a lot.

In any case, I'd like to wish everyone a Very Happy New Year and hope that we'll see **you** at our meetings! And...stay warm!!!



Meetings are held the 1st and 3rd Wednesdays of each month in 280 Park Hall on the Amherst Campus of the University at Buffalo from 7:00-9:00 p.m. For further information, please call Bonnie Weiss at 838-3999. Or send an e-mail to: **blweiss1@Verizon.net**. You can also drop a note to 1484 Kensington Avenue, Buffalo, NY 14215.





NSA ANNUAL CONVENTION

The 2010 National Convention will be in Cleveland, Ohio in July. The neat thing is that Cleveland is within driving distance for us so perhaps more of the Buffalo folks will be able to attend the convention. The first convention I ever attended was in Cleveland, and I had a great time. In fact, I promised myself after meeting so many wonderful people and having such a good time at the convention that I would never miss another one. And I haven't!!

Did You Know....???

The National Stuttering Association (NSA) is the largest self-help/support organization in the United States for people who stutter. Our mission is to bring "hope, dignity, support, education, and empowerment to children and adults who stutter, and their families". The Buffalo Chapter members would love to see YOU at our meetings!

**The NSA Administrative Office is now:
119 W. 40th Street, 14th Floor
New York, NY 10018
Phone: 212-944-4050
or 800-937-8888
Web Site: www.WeStutter.org**

NEWS AND NOTES

Plans for 2010

It would be so good for chapter members to help us come up with topics for our meetings as well as ideas for socials. If you have any ideas, please let us Adrian and Bonnie (co-chapter leaders) know. There are many films about stuttering that we might want to watch during some of our meetings or even at a social. We also need to know ways in which we can promote our chapter and find more members. Also, it would be great for Western New York Speech Language Pathologists to know that they are welcome at our meetings anytime. We also have had students who are in the Communicative Disorders programs at the University at Buffalo and Buffalo State attend our meetings. It'd be great to have more visitors attend our meetings.

Adrian McGrory, who has been our co-chapter leader for a few months, has come up with some great ideas and also has gotten news about our chapter in into local newspapers.

A Special Thank You

Thank you so much to all of you who have been involved in the Buffalo Chapter during 2009. It is so great to see you at meetings and at socials. I hope that each of us will continue to grow as people who stutter. Special thank you also to the Speech Language Pathologists who have visited us during the past year. Looking forward to seeing everyone in 2010!!